

School Of Holy Child



September 2009



Monday	Tuesday September 1	Wednesday September 2	Thursday September 3	Friday September 4
Labor Day	No Classes	Alphabet Vegetable Soup BEEF TACOS WITH TOPPINGS Confetti Brown Rice Steamed Corn Sliced Fruit Salad Specialty Station: Pasta Station	Chicken Rice Soup CHEESE TORTELLINI WITH MARINARA SAUCE Sautéed Cherry Tomatoes Sautéed Mixed Vegetables Chocolate Chip Cookies Specialty Station: Nacho Bar with Toppings	Zesty Tortilla Soup CHICKEN FINGERS WITH DIPPING SAUCES Local Vegetables Sautéed Broccoli Pound Cake with Strawberries Specialty Station: Build Your Own Chef Salad
September 7	September 8	September 9	September 10 "Breakfast For Lunch"	September 11
Chicken Barley Soup SPAGHETTI W/ MARINARA SAUCE Steamed Peas Garlic Bread Sliced Pineapple Specialty Station: Stir-Fry Chicken & Local Vegetables	Vegetable Rice Soup HAMBURGERS & VEGETABLE BURGERS ON WHOLE WHEAT BUNS Steamed Green Beans Roasted Red Peppers Oatmeal Cookies Specialty Station: Chicken Patties on Whole Wheat Buns	Black Bean Soup GRILLED CHICKEN BREAST Sautéed Carrots Vegetable Cous-Cous Diced Cantalope Specialty Station: Tomato Basil & Mozzarella Sandwich	Chicken Noodle Soup WAFFLES WITH MAPLE SYRUP PANCAKES WITH SYRUP Potato Pancakes Turkey Sausage Applesauce with Cinnamon Specialty Station: Build Your Own Caesar Salad	Tomato Basil Soup CHICKEN PARMESAN Roasted Red Potatoes Local Vegetables Rice Pudding Specialty Station: Build Your Cobb Salad
September 14	September 15	September 16	September 17	September 18
Potato Leek Soup BOW TIE MEDLEY Sautéed Yellow Squash Roasted Zucchini w/ Red Peppers Sliced Watermelon Specialty Station: Grilled Cheese Sandwich	Turkey Noodle Soup PERSONAL PITA PIZZAS Roasted Yukon Potatoes Local Vegetables Strawberry Sorbet Cups Specialty Station: Build Your Own Greek Salad	Beef Barley Soup MACARONI & CHEESE Steamed Broccoli Sautéed Root Vegetable Sugar Cookies Specialty Station: 6ft Turkey & Cheese Hero	Spit Pea Soup TURKEY & VEGETABLE BURGERS on Whole Wheat Buns Sautéed Mushrooms Vegetable Israeli Couscous Fruit Salad Specialty Station: Pasta Station	Yankee Bean Soup BBQ CHICKEN WINGS Steamed Broccoli & Cauliflower Sautéed Spinach Ice Cream Cups Specialty Station: Build Your Own Oriental Salad
September 21	September 22	September 23	September 24	September 25
Sizzling Chicken Rice Soup MACARONI & CHEESE Steamed Broccoli Sautéed Turnips Sliced Peaches Specialty Station: 6ft Roast Beef Hero	Cream Of Mushrooms Soup ROASTED BREAD OF TURKEY WITH PAN GRAVY Steamed Peas Roasted Red Potatoes Italian Ices Specialty Station: Build Your Own Greek Salad	New England Clam Chowder CHICKEN FINGERS WITH DIPPING SAUCES Local Vegetables Vegetable Couscous Fruit Salad Specialty Station: Build Your Own Vegetable Salad	Turkey Wild Rice Soup GRILLED CHEESE SANDWICHES Roasted Zucchini Garden Wheat-berries Sliced Honeydew Specialty Station: Pasta Station	Vegetable Rice Soup COUNTRY BAKED CHICKEN Steamed Snap Peas Vegetable Quinoa Churros Specialty Station: Vegetable Jambalaya
September 28	September 29	September 30		
Chicken Noodle Soup BAKED ZITI Sautéed Spinach Steamed Peas & Carrots Chocolate Pudding Specialty Station: Build Your Own Caesar Salad	Lentil Soup BAKED POTATO BAR WITH TOPPINGS Steamed Carrots with Peas Sautéed Zucchini Chocolate Chip Cookies Specialty Station: Philly Cheese Steak with Peppers & Onions	Cream Of Tomato Basil Soup BUFFALO CHICKEN BREAST WITH BLUE CHEESE Roasted Yams Steamed Broccoli Rice Pudding Specialty Station: Build Your Own Cobb Salad		

Monthly Food Focus-
Monthly Slow Cuisine-

Other Daily Offerings

Salad Bar Features

Fresh Greens and Vegetables
Chef's Specialty Composed Salads
Fresh Made and Low Fat Dressings

(2% Milk • Skim Milk)
100% Fruit Juices
Seasonal Hand Fruit

Deli Bar Features- Turkey, Ham
Assorted Cheese, Freshly Made
Chicken, Tuna, & Egg Salad w/
Assorted Breads & Rolls